

The Arrowhead

Reminder: Sun Safety Policies



Why is sun safety so important?

- Sun exposure causes both immediate and long term skin damage.
- UV rays damage deep skin tissue that is not visible. Even people with dark skin, who don't visibly burn, are at risk for deep tissue damage.
- Exposure to UV rays increases a child's risk of developing the three most common types of skin cancer later in life.
- Adherence to sun protection guidelines decreases as children get older. Enforcing healthy habits while children are young is important.
- Although sunlight is a great source of Vitamin D. Sufficient levels of Vitamin D can be obtained through a healthy diet and/or vitamin supplementation, without the damaging side effects of unprotected sun exposure.

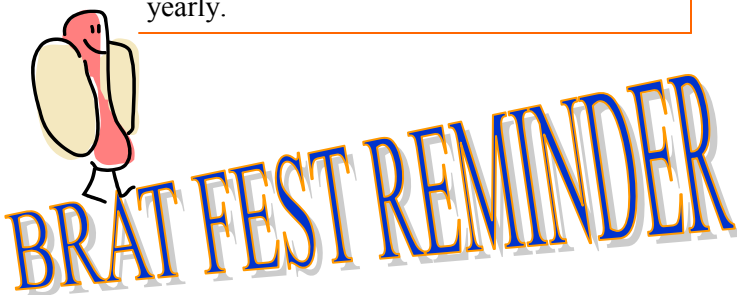
Our policies:

- All children need a "Parent Authorization for Sunscreen/Insect Repellent" form signed yearly.

- Babies under 6 months should be kept in the shade. When not in the shade, hats should be worn and sunscreen should be applied to exposed skin.
- For children over 6 months sunscreen will be applied 30 minutes before going outside. Hats should be worn whenever possible.
- The sun's rays are strongest between 10 am and 4 pm. When possible, outdoor play should be scheduled around these times or children should be encouraged to play in the shade.
- Even on cloudy days sunscreen should be applied.
- DCPC will provide sunscreen. If a parent wishes to provide sunscreen, it must be at least SPF 15 and provide UVA/UVB protection. Combined sunscreen/insect repellent is not allowed.

Ways to promote sun safety:

- Set a good example; show the kids that you are also protecting yourself from the sun.
- Talk about sun safety in your classroom.
- Encourage parents to use sunscreen at home. Generic brands are effective as long as they are SPF 15 + and provide UVA/UVB protection.
- If parents want more information, please refer them to the May issue of Parent to Parent or www.healthychildren.org.



May 27, 28, 29, 30

Please come help your agency's HSPC and be part of the fun!

We need help with all Shifts

Please sign up with Deb Raether at 270-3433 or 920-723-2611

HSPC helps support projects of DCPC

Here's your chance to help show your support!



Dane County Farmers' Market is back!

Now through November 5
Time: 6am-2pm Saturdays
On the Capitol Square
Phone: (608) 455-1999 for more information



The Dane County Farmers' Market on the Square is a tradition in Madison, Wisconsin. You'll find the season's best bounty of vegetables, flowers, and specialty products from approximately 300 vendors throughout the year. About 150 vendors attend every Saturday.

Limited Summer Employment Opportunities

June/July/August 2011

If you are interested in working any hours during the part-year program Summer Break please complete this form and return it to Human Resources by Friday April 29, 2011.

Please note: Each Site Director will receive a list of all available employees willing to substitute during the summer. A site manager will contact you directly to determine if you are available to cover their needs.



Name: _____



Current Position: _____



Current Site: _____



Phone Number: _____



Best time to be reached: _____



Dates Available: _____



Times Available: _____



Other: _____

Happy Birthday!

"We're conditioned to think that our lives revolve around great moments. But great moments often catch us unaware - beautifully wrapped in what others may consider a small one" from Paul Wesselman

Kari Slovek	5/4
Megan Shawcross	5/5
Gwen Pointer	5/8
Linda Bennett	5/11



Amy Leatherberry	5/17
Franny Janson	5/17
Megan Flanagan	5/21
Dianne Herbst	5/22

Shaun Thomson	5/24
Tushawn Gray	5/27
Whitney Dryer	5/27
Katelin Sparks	5/28
Gus Wilkins	5/30
Francelia Lara	5/31
Brandi Vick	5/31
Amy Kelly	5/31

Happy Anniversary!



Laura Aguilar Omernik	1 year
Emily Pratt	1 year
Rachel Vick	1 year
Mercy Greenwald	1 year
Arvella Thomas	3 years
Shelly Kinne	3 years
Rebecca Martin	3 years
Amber Vollrath	3 years
Keleigh Irwin	4 years
Shaun Thomson	6 years
Annette Kornell	8 years
Tina Aguilar	10 years
Barb Rice	17 years



Reviving an old hero:

Reenacted brings back to life slave who fought in revolutionary cause

-Submitted by Ron Rogers for National Military Appreciation Month



LEXINGTON — Under the glow of a full moon, Charles H. Price Jr. peered from the window of Buckman Tavern yesterday, fiddling with his musket in the minutes before dawn.

Thousands of spectators encircled the Battle Green, digital cameras at the ready. But Price's mind, along with those of the men around him, was in 1775, their anxiety at the approach of the Redcoats as real as their haversacks, breeches, and scratchy overcoats.

The only difference was that Price — like the character he plays, the enslaved Prince Estabrook — was the sole African-American in the room. For 36 years, the retired electrical engineer has evoked Estabrook, gathering at 4 a.m. with the knowledge that he will be wounded by 6:15: the first black soldier ever to fight and take a musket shot, for what would become the United States.

"Sometimes, I wish it was possible to talk to him," said Price, who served in a segregated unit 175 years after Estabrook stood alongside white militiamen. "This is a no-win situation as far as he's concerned. Let's say the Minutemen win, which is kind of unlikely. He's still just a slave. Let's say the Minutemen lose. He's a slave who fired on the king's troops.

"He's in big trouble no matter what happens."

Estabrook, about 34 at the time, recovered from his wound and went on to fight eight years for the militia and Continental Army, one of about 5,000 mostly forgotten men of color to fight with the revolutionary cause. He emerged a free man; slavery in the Commonwealth was abolished by judicial decision in 1783, just before the end of the war.

Price knew nothing of Estabrook when a neighbor, Bob Martin, talked him into joining the Lexington Minute Men, the reenactment company and social organization, back in 1975. His lawnmower was broken, and he went next door to borrow Martin's

"He says: '... It's hot out there. You don't want to go out there in the middle of the day. Why don't you just sit down? We'll have a few cool ones,' " recalled Price, a youthful Korean War-era veteran. "While we're sitting in his house watching the Red Sox, he's going on, 'Minutemen, Minutemen, Minutemen.'

"The next thing he knew, Price attended a meeting and was immediately given the role of Estabrook, "an offer I couldn't refuse."

With commitment to authenticity, each of the members plays one of the 76 Lexington citizen-soldiers who mustered that day under Captain John Parker; the Minute Men had never had an African-American member before.

Price, like the others who return year after year, fell in love with the camaraderie of the group, the pageantry, and the adrenaline rush amid the "huzzahs," the crack of musket fire, and the swirl of smoke and the sulfurous smell cloaking the battlefield.



He rose to commander of the organization, leading it from 1984 to 1986, an honor that he says marked the first time a Minuteman reenactor group anywhere had a black leader.

Raised in Roxbury, Price grew up amid history, in the backyard of the Revolutionary War hero Joseph Warren, six houses down from a statue of Warren. Every Patriots Day, Price and his boyhood friends would flock to the statue to watch old veterans' fire muskets, drawn mostly by the thrill of collecting spent cartridges to make fireworks. (The statue, which now stands at Roxbury Latin, was removed by the city for a road-widening project in the late 1960s, and languished for a time in Franklin Park; whether it was saved or abducted by the private school remains a matter of dispute.)

In the early 1950s, Price's studies at Northeastern were interrupted when his National Guard unit was deployed during the Korean War, albeit in Europe. President Truman had already issued the executive order desegregating the military, but racial separation persisted.

It was the law, but there wasn't much attention paid to it," Price said.

Returning home, he finished school and headed to California, working on the Atlas missile program. He came back and settled in Lexington in 1964, holding tech and defense jobs along Route 128.

Price's enthusiasm for history led him out of retirement in 2001 to become a Minute Man National Historical Park ranger. He also assisted the late Alice M. Hinkle, a local journalist, in the years of digging that produced her book "Prince Estabrook: Slave and Soldier," an illustrated text. Three years ago, he helped Hinkle's widower secure a monument for Estabrook outside Buckman Tavern, across from the Green.

With no surviving likeness of Estabrook, the image engraved on the monument is that of Price heading for the Green. Much remains a mystery about the soldier, who took his surname from his master, Benjamin Estabrook, and continued to live and work with the family throughout his 90 years. He followed Benjamin's son, Nathan, to Ashby in 1805 and died there in 1830, buried in the pauper section of the First Parish Church cemetery.

"He was just one of the group," said Price, as the sun rose. A few minutes before 6, he took his position under a broad tree outside the tavern, awaiting the arrival of the scout signaling the approach of the Redcoats. Captain Parker ordered him and two others to fire alarm shots, and then the militia gathered on the green.

Within 15 minutes, the skirmish was over: a lopsided victory for the British, but a Pyrrhic one. As the smoke cleared, Price, as Estabrook, lay on the grass with the other casualties, for the 36th time. Soon they would rise again.

By Eric Moskowitz, Globe Staff

AHA Heartsaver AED Courses @ DCPC Summer 2011

American Heart Association Guidelines:

This class is offered according to the guidelines set by AHA and our training center Dean/St. Mary's Healthworks which is who grants us permission to hold and oversee the operations of the courses. These courses are in English.

DON'T GET CHARGED: Courses are offered to Dane County Parent Council employees for free unless a participant does not attend the class he/she has registered for. Please read the signing statement at the bottom of the registration form carefully and be sure to call Shelly (270-3417) with any questions before returning it.

To register for a date below, fill out the registration form attached, sign and return or fax (275-6756) to Shelly Kinne, Human Resources Assistant before the listed due date. If your registration is received by the due date you will receive confirmation as well as a text book 1 week prior to the class, which you will need to read before the training. Classes are highly structured and are led by the video so having read the text will help you be better prepared for practice and testing. Please bring the book to your class and return it at the conclusion of the training.

Be prepared to spend a majority of the class on the floor working on manikins—In order to pass this class, students must be able to pass skills testing done on the floor, unless a **doctor's note is provided**. Classes start promptly at the scheduled time and participants who arrive **more than 10 minutes late** will not be allowed to stay **AND he/she will be required to pay the registration fee of \$40**. The above parameters are required of us by Dean/St. Mary's Healthworks.

**Licensing requires all persons working directly with children be certified in CPR; including but not limited to Teachers, Teacher Aides/Assistants, Center Aides, Transportation Specialists, FOW's and Site Directors*

When choosing a date please sign up for the course that is closest to your re-certification date AND check with supervisors to ensure there are no scheduling conflicts.

CLASSES MUST BE FULL TO REMAIN ON SCHEDULE—DATES/TIMES ARE SUBJECT TO CHANGE!

Monday, May 23 <i>Registration Due Monday, May 9</i>	12:30 – 4:00 pm	Red Arrow Classroom Book out Monday, May 16
Monday, June 6 <i>Registration Due Monday, May 23</i>	12:30 – 4:00 pm	Red Arrow Classroom Book out Monday, May 30
Monday, June 20 <i>Registration Due Monday, June 6</i>	12:30 – 4:00 pm	Red Arrow Classroom Book out Monday, June 13
Monday, July 11 <i>Registration Due Monday, June 27</i>	12:30 – 4:00 pm	Red Arrow Classroom Book out Monday, July 4
Monday, July 18 <i>Registration Due Monday, July 4</i>	12:30 – 4:00 pm	Red Arrow Classroom Book out Monday, July 11

Please check the class you will attend:

<input type="checkbox"/> Monday, May 23	12:30 – 4:00 pm	Red Arrow Classroom
<input type="checkbox"/> Monday, June 6	12:30 – 4:00 pm	Red Arrow Classroom
<input type="checkbox"/> Monday, June 20	12:30 – 4:00 pm	Red Arrow Classroom
<input type="checkbox"/> Monday, July 11	12:30 – 4:00 pm	Red Arrow Classroom
<input type="checkbox"/> Monday, July 18	12:30 – 4:00 pm	Red Arrow Classroom

Name: _____ Job Title: _____ DCPC Site/Program: _____ Work Ph: _____ Cell _____
Ph: _____ Have you ever had CPR Training (circle one) YES or NO -- If YES, When?: _____ (mo/yr) **circle one** ENGLISH book?
OR libro en ESPANOL?

By signing and submitting this registration form I am committed to attend the CPR course that I have checked above. **If I do not attend for any reason including illness, scheduling conflicts, late arrival, etc., I am responsible for paying the cost of the course by way of payroll deduction in the amount of \$40.00.** I also understand that **if I do not return the book in the condition it was given to me** within 7 days of the scheduled course date, **I will be charged to cover the cost of replacement** by way of payroll deduction in the amount of \$12.00

Signature: _____ Date: _____
YOU MUST COMPLETE ALL OF THE INFORMATION ABOVE TO RECEIVE A CPR STUDENT TEXT BOOK



The Animals' Picnic

When all the flowers blossom in May, the animals have a picnic day. Look for the nineteen hidden objects in this picture: a turtle, ax, ice-cream cone, shark, dog, spoon, sheep's head, broom, safety pin, elf hat, baseball bat, hanger, shoe, teacup, pair of scissors, sock, key, dove, and seal.